

PROVIDER DIRECTORY

2024



The Arc Minnesota

□ Advocacy □ Disabilities

<u>Counties Served: Blue Earth, Brown, Cottonwood, Faribault, Jackson, Le Sueur, Lincoln, Lyon, Martin, Murray, Nicollet, Nobles, Pipestone, Redwood, Rock, Waseca, Watonwan, Yellow Medicine</u>

We offer assistance with Housing Stabilization services (HSS) and Housing Access Services (HAS). We can offer help with their deposit or fees to apply for housing or transitional services if they have a waiver. The Southwest Region provides programs and services to people with intellectual and developmental disabilities and their families. Housing Stabilization Services (HSS) is a new housing program funded by federal Medicaid (Medical Assistance) dollars. We now offer a Crisis Housing Assistance Program to those who are receiving hospital-level psychiatric care or Substance Use Disorder treatment with short-term housing assistance.

Phone: 952-915-3632 Website: https://arcminnesota.org

ASC Psychological Services

□ Chemical Dependency □ Mental Health

Serving: Mankato and Roseville, Minnesota regions

ASC Psychological Services is a holistic mental health treatment provider in the Mankato and Roseville, Minnesota region. Whether you are looking for individualized in-office care or needing teletherapy or small group sessions, we have options to meet your needs. Our driving mission is to be that person in your corner who truly cares. That's because we treat the whole person, not just the condition or behavior.

Phone: 507-345-4679 Website: https://www.ascpsychological.com/

Beyond Brink / WEcovery

☐ Chemical Dependency ☐ Housing ☐ Mental Health

Serving: South Central MN
Harm Reduction Team, transitional housing

for substance use disorders.

Counties Served: Blue Earth
Peer recovery, support services and
recovery support housing

Phone: 507-779-7091 Website: https://beyondbrink.com



Birthright Mankato

□ Children / Youth

Counties Served: Blue Earth, Nicollet and surrounding

We offer resources and emergency needs for families with infants. We focus on children up to about 3 years old with clothing, diapers, wipes etc. We offer counseling services and provide other resources that could help families in need.

Phone: 507-387-7818 Website: https://www.birthrightmankato.org

Blue Cross & Blue Shield of MN

* SPONSOR

Serving: Statewide

Committed to providing healthcare to all Minnesotans and advancing racial and health equity throughout the state. We collaborate with community partners to eliminate health inequities and address the state's most pressing public health issues.

Phone: 651-662-5050 Website: https://www.bluecrossmn.com

Blue Earth County Human Services

□ Chemical Dependency □ Mental Health

Counties Served: Blue Earth

The Human Services Department's mission is to deliver essential services effectively and efficiently to families and individuals so they can achieve their potential through active community participation. Our goal is to make sure everyone has meaningful access to the services we offer.

Phone: 507-304-4222 Website: https://www.blueearthcountymn.gov/

Blue Earth County Human Services Financial Unit

▼ Financial Services

Counties Served: Blue Earth

We administer Cash, Food, healthcare, and emergency programs to the Blue Earth County Community. We serve all age groups.

Phone: 507-304-4335



Blue Earth County Library System

☑ Youth / Children

Counties Served: Blue Earth

The Blue Earth County Library System serves its users through a variety of educational materials, programs, activities, and events for adults and youth. These are designed to encourage the use of the library's resources to develop and nurture a life-long habit of reading.

Phone: 507-304-4001 Website: http://beclibrary.org

Blue Earth County Mental Health Center

□ Chemical Dependency □ Mental Health

Counties Served: Blue Earth, Brown, Faribault, Freeborn, Le Sueur, Martin, Nicollet, Rice, Sibley, Watonwan

Multidisciplinary team committed to improving the mental health of our community through accessible, compassionate and affordable services who are focused on the prevention, diagnosis and treatment of mental illness through medication management and psychotherapy.

Phone: 507-304-4319

Website: https://www.blueearthcountymn.gov/715/Mental-Health-Center

Blue Earth County Supportive Housing

Counties Served: Blue Earth

We offer housing triage services and supportive housing case management to Blue Earth County community members. Housing triage provides information and referral to various community resources and is not housing case management. Supportive housing programs and services are available to individuals and families in Blue Earth County who are experiencing varying degrees of homelessness to gain access to and maintain housing of their choice in Blue Earth County. Supportive Housing offers case management services paired with rental assistance subsidies to enrolled households. Referrals to the supportive housing programs and services are currently only through the coordinated entry system.

Phone: 507-304-4335 Website: https://www.blueearthcountymn.gov/484/Supportive-Housing



Blue Earth County-Yellow Line Project

Counties Served: Blue Earth

The Yellow Line Project is designed to provide an early response to individuals with acute or chronic mental or chemical health problems who have become involved with law enforcement and are not a risk to the community. The Yellow Line Project enhances the resources and tools available to law enforcement so that residents of Blue Earth County get the right services at the right time and have strong incentives to participate in those services.

Phone: 507-304-4857 Website: https://www.yellowlineproject.com

Committee Against Domestic Abuse (CADA)

Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, Watonwan

CADA is a nonprofit organization serving victims and survivors of relationship abuse and sexual violence throughout south-central Minnesota. Our mission is to provide safety and support to victims of domestic and sexual violence through education, advocacy, and shelter. CADA offers free, confidential, and non-judgmental services to victims and survivors. CADA operates three main programs: emergency safety shelter for women and children, community advocacy throughout the region, and supervised parenting time and exchanges. Additionally, we offer community education about topics and issues related to domestic and sexual violence. Each year, CADA serves between 2,000 and 3,000 individuals.

Phone: 800-477-0466 Website: www.cadamn.org

Catholic Charities of Southern MN

<u>Counties Served: Blue Earth, Cottonwood, Dodge, Faribault, Freeborn Jackson, Martin, Mower, Murray, Nobles, Pipestone, Rock, Steele, Waseca, Watonwan</u>

The pregnancy, parenting, and adoption program works with expecting parents and those who have an infant under 12 months. Services we offer are financial assistance, baby items, parenting education, decision making support, college assistance, and adoption planning and placements.

Phone: 507-287-2047 Website: https://www.ccsomn.org/



City of Mankato

Counties Served: Blue Earth

City of Mankato's goal is to promote adequate and affordable housing, economic opportunity, and a suitable living environment free from discrimination. Housing staff determine housing needs of the community and then work with local state and federal resources to help meet those needs.

Phone: 507-387-8600 Website: https://www.mankatomn.gov/residents/housing

City of Mankato - Bus

Serving: Mankato

Phone: 507-387-8600

Website: https://www.mankatomn.gov/residents/mankato-transit-system

Connections Shelter

Counties Served: Blue Earth, Brown, Nicollet, Waseca

Connections Shelter provides an overnight emergency shelter October - May for men, women, and families. They also offer a drop in center that has daily hours from 12-3pm. The drop in center is located at 800 S Front Street. Guests can access food, basic essentials, a computer, and connect with our outreach team.

Phone: 507-720-6907 Website: https://www.connectionsshelter.org

Cooperative Energy Futures

Counties Served: include but are not limited to: Blue Earth, Brown, Faribault, Le Sueur, Nicollet, Waseca, Watonwan. Any place where Xcel Energy has customer

Cooperative Energy Futures (CEF) does things differently. By working with underserved and low-income communities — as well as the general public — we create real community wealth by reducing energy use and producing our own clean, renewable energy. CEF reframes the debate by demonstrating how communities are central to building and implementing solutions. CEF helps everyone get to benefit from low cost solar. We do this through the development of Community Solar Gardens and our Affordable Housing Solar program. These programs reduce barriers preventing everyone getting to be a part of the clean energy transition!

Phone: 612-568-2334 Website: www.cooperativeenergyfutures.com/



COPAL MN

☑ Children/Youth ☑ Education ☑ Employment ☒ Housing ☒ Legal☑ Social Service Agency

Serving: Statewide

COPAL, Communidades Organizando el Poder y la Acción Latina, is a member-based organization established in 2018 to improve the quality of life of Latine families. Over the past five years, COPAL has evolved to become a well-known, grass roots power-building, and visionary transnational organization. Our main focus areas are: Economic Empowerment, Leadership & Organizing, South Central Initiatives, Health & Wellness, Environmental Justice and Communication strategies.

Phone: 612-875-2349 Website: https://copalmn.org/en/home/

Counseling Services of Southern Minnesota

☑ Mental Health ☑ Chemical Dependency ☑ Children / Youth

Serving: Blue Earth, Nicollet Counties, also in the following school districts: Cleveland, Fairmont, Kato Public Charter, Mankato District 77 Public Schools, MN New County, Nicollet, St. Peter Public School System, Tri-City United, Waterville-Elysian-Morristown

Counseling Services of Southern Minnesota is unlike any other therapy practice in Mankato or St. Peter Minnesota. Our skilled, caring counselors, therapists, and psychologists provide premium care to individuals, couples, and families in St. Peter and the greater Mankato area. CSSM's programs include adult and children mental health services, as well as community-based and school-linked services, and psychological assessments. Within these programs, our professionals are dedicated to helping people find greater success and live happy, healthy lives.

Phone: 507-931-8040 Website: www.counseling-services.org

Diversion Solutions

□ Driving Diversion Program

Serving: Statewide

Diversion Solutions uses evidence-based practices to provide innovative programming for individuals that have become involved in the criminal justice system. We focus on personal accountability while using a person-centered approach. The Driving Diversion Program (DDP) allows participants to drive legally while meeting DVS requirements and paying outstanding citations that affect their driver's license. We help break the cycle by working with individuals who may owe thousands of dollars because they keep driving without a valid license, many times simply to get to work! Let us help you get valid to drive!

Phone: 612-867-3619 Website: https://diversionsolutions.net



ECHO Food Shelf

Serving: Statewide

We provide free groceries. Eligibility is self-declared. Anyone who is currently within 300% of the Federal Poverty Guidelines is eligible. Those experiencing financial crisis, such as job upheaval or medical emergencies, are also eligible regardless of income level.

Phone: 507-345-7508 Website: https://www.echofoodshelf.org

Families First of MN

□ Children / Youth

Counties Served: Blue Earth, Brown, Dodge, Faribault, Fillmore, Freeborn, Goodhue, Houston, Le Sueur, Martin, Mower, Nicollet, Olmsted, Rice, Sibley, Steele, Wabasha, Waseca, Watonwan, Winona

Families First is a non-profit with a mission of ensuring positive beginnings for all young children and their families. Our programs offer support to parents, caregivers, and childcare professionals-through Early Learning Scholarships, the Family, Friend, and Neighbor program, and support for childcare professionals with professional development and training opportunities to help further their career in childcare. To achieve this work, we partner with community agencies in the area to increase outreach and provide the best support that we can.

Phone: 507-287-2020 Website: https://www.familiesfirstmn.org

Family Voice of MN

☑ Advocacy ☑ Disabilities ☑ Children / Youth

Serving: Statewide

We support parents navigating school and county services. We also provide peer support in the form of 1:1 and virtual support group.

Phone: 507-327-9491 Website: www.familyvoicesofminnesota.org



Feeding Our Communities Partners

□ Children / Youth □ Food

Counties Served: Blue Earth, Nicollet

Provide food packs for food insecure students, grades K-12, for consumption on weekends and school breaks. Food packs contain breakfast, lunch and snacks for each day students are not in school. Food packs provided at no cost to students/households and there are NO income requirements.

Phone: 507-385-3627

Website: https://www.feedingourcommunitiespartners.org/index.html

Fernbrook Family Center

☑ Mental Health ☑ Chemical Dependency ☑ Children / Youth

Counties Served: Blue Earth, Dodge, Goodhue, Mower, Olmsted, Rice, Steele, Waseca

At Fernbrook Family Center, we provide mental health services by using innovative strategies to build relationships and transform lives. We provide services to clients of all ages; from birth through adulthood across southern Minnesota. Fernbrook will work with clients and their families in their home, school, community or one of our offices, provide therapy and skill development to improve emotional well-being, build healthy relationships, and foster resiliency

Phone: 507-446-0431 Website: www.fernbrook.org

Good Counsel Learning Center

□ Children / Youth □ Education

Serving: Southern MN

Good Counsel Learning Center provides one-on-one tutoring in reading, language arts, math, and civics/citizenship. This includes clarity in speaking and writing, improved vocabulary, greater comprehension, basic math skills, and preparation for the naturalization test. In addition to children and youth, many adult English Language Learners are tutored at the Learning Center.

Phone: 507-389-4229 Website: www.gclearningcenter.org



Good in the Hood - Shoe Bus

Serving: Statewide

Shoe Away Hunger offers affordable quality footwear for those in need. In addition, it helps us to raise the important dollars we need to continue feeding over 7,500 people each month through our Food Programs and services.

Phone: 612-440-7463

Website: https://www.goodinthehood.org/our-programs/shoe-away-hunger/

Habitat for Humanity South Central MN

Counties Served: Blue Earth, Nicollet, Le Sueur, Sibley, Watonwan

We partner with families to build safe, decent, and affordable housing in the communities in which we serve.

Phone: 507-388-2081 Website: https://habitatscmn.org

Harry Meyering Center (HMC)

Serving: Statewide

HMC is a premier employer and service provider in the disability services field. As a Community First Service and Supports provider, the Harry Meyering Center looks to connect community members with disabilities and their families with a workable plan to meet their needs and goals. Mission: We provide individualized support to people that encourage dreams, focus on independence, and foster community connections. Supports are adaptable for each person to ensure a meaningful lifestyle for all.

Phone: 507-387-8281

Website: https://www.harrymeyeringcenter.org/



Henderson Healing Hub, LLC

☑ Dental/Medical Health ☑ Alternative Health Clinic

Counties Served: Blue Earth, Nicollet, Sibley

We are a health clinic with the specialties of Acupuncture, massage, nutrition/supplemental support, movement classes and more. We are located in Henderson and Mankato and serve the surrounding communities. We manage pain, addiction, digestive, and many other concerns. Our focus is getting to the root of the problem.

Phone: 507-868-0053 Website: https://www.hendersonhealinghub.com/

Horizon Homes, Inc.

□ Chemical Dependency □ Mental Health

Counties Served: Blue Earth, Brown, Faribault, Freeborn, Le Sueur, Martin, Nicollet, Rice, Sibley, Watonwan

Horizon Homes, Inc. is dedicated to creating unique, individual mental health treatments. Our philosophy is to support the client's recovery and provide continued growth that promotes independence and self-sufficiency. Horizon Homes strives to offer innovative and flexible services that will allow people to discover and pursue the best options for them in their ongoing recovery process. The primary goal is to help clients identify, and minimize or eliminate personal barriers that could be inhibiting their ability to manage their illness and day to day lives.

Phone: 507-344-3365 Website: https://www.horizonhomes.org

House of Hope, Inc.

□ Chemical Dependency □ Mental Health

Counties Served: Blue Earth, Brown, Martin, Nicollet

House of Hope, Inc. is a licensed as co-occurring substance abuse and Mental Health Treatment Program.

Phone: 507-625-4373 Website: https://houseofhopemn.com



Journeys Care Ministry - Hosanna

□ Chemical Dependency □ Children / Youth □ Mental Health

Counties Served: Blue Earth and surrounding

Journeys offers a variety of small groups to provide hope and healing through Christ centered curriculums for all ages and all of life's hurts, habits and hang ups. Journeys is a ministry of Hosanna Lutheran Church at 105 Hosanna Drive. These groups meet on Tuesday evenings. We serve a meal and have a time of worship prior to our small groups. It is a safe space to find hope and healing for the whole family!

Phone: 507-388-1766 Website: https://hosanna.church

Key City Bike

☑ Non-Profit

Counties Served: Blue Earth, Nicollet, but all are welcome

We provide a free recycling service to our community with the mission to keep bikes out of the landfill. We train our volunteers on how to restore, repair, and reclaim bicycles and bicycle parts. We empower our community members and volunteers through bicycle education of bicycle safety and mechanical skills.

Phone: 507-304-1936 Website: http://keycitybike.org

League of Women Voters St. Peter Area

□ Advocacy

Counties Served: Blue Earth, Le Sueur, Nicollet

The League of Women Voters (LWV) is a nonprofit, nonpartisan political organization in the United States. Founded in 1920, its ongoing major activities include registering voters, providing voter information, and advocating for voting rights.

Phone: 915-549-1963 Website: https://www.lwvmn.org



Leisure Education for Exceptional People (LEEP)

☑ Recreation / Socialization / Basic needs

Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca

LEEP enriches the lives of individuals with developmental and intellectual disabilities through inclusive recreation, sporting, and healthy living opportunities.

Phone: 507-387-5122 Website: https://www.mankatoleep.org/

Life-Work Planning Center

□ Employment □ Women in Transition

Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, Watonwan

Life-Work Planning Center is a provider in the Minnesota Family Resiliency Partnership, a SNAP Employment and Training program, and a pre-employment program for women. Workshops, one-on-one self-sufficiency counseling, as well as resources and referrals are provided at no-cost to eligible and enrolled participants.

Phone: 507-345-1577 Website: https://lwpc.org

Lifeworks Services, Inc.

☒ Social Services Agency

Serving: Statewide

Fiscal Support: As an approved fiscal support entity through the State of Minnesota, Lifeworks helps individuals enrolled in the Consumer Directed Community Supports (CDCS) and Consumer Support Grant (CSG) programs. Lifeworks is also an experienced PCA Choice provider agency and a licensed provider of Individualized Home Supports, Respite, Night Supervision and Homemaking. Employment: At Lifeworks, we know what it takes to help people with disabilities find and keep a job in the community. And not just any job — we're talking about careers with real pay, real responsibilities, and real rewards.

Phone: 651-454-2732 Website: https://www.lifeworks.org



Lighthouse on Marshall

□ Chemical Dependency □ Mental Health

Counties Served: Nicollet and surrounding county areas

Lighthouse on Marshall Clubhouse is an adult mental health community program serving residents of Nicollet County. The Clubhouse offers a safe, stigma-free environment for adults with mental illness to socialize, learn, and grow.

Services Available at Lighthouse on Marshall:

- Access to mental health information and services
- Education
- Crisis Intervention
- Volunteer Opportunities
- Wellness Activities
- Employment Support
- Social Activities
- Community Support
- Crafts/Games
- Free Internet Access and Training

Phone: 507-934-7200

Website: https://sccbi.info/clubhouse/lighthouseonmarshall/index.php

Lloyd Management

Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Nicollet, Sibley, Waseca

Lloyd Management is an experienced property management company, located in Mankato, Minnesota, specializing in the leasing and management of rental properties throughout Minnesota and Northern Iowa. Our many years of experience, dedication to service, high level of support, and wide range of in-house services set us apart from other property management companies. We offer various types of affordable housing options and welcome Section 8 Vouchers at select properties.

Phone: 507-625-5573 Website: www.lloydmanagement.com



Love My Natural

□ Children / Youth □ Education

Serving: Southern Minnesota, Twin Cities Metro

Love My Natural is a not-for-profit organization dedicated to improving sourcing practices for multicultural haircare and promoting hair, skin, and body positivity among children in natural hair communities. As the philanthropic branch of Love My Natural Self Care and Hair Care Brands, our mission is to ensure sustainable sourcing while fostering a culture of self-love and acceptance, empowering kids to embrace their natural beauty. Through advocacy and education, we aim to influence the haircare industry towards more responsible practices, making a lasting impact on the communities we serve.

Phone: 507-469-4307 Website: www.lovemynatural.com

LSS Financial Counseling

Serving: Statewide

Under the umbrella of Lutheran Social Services, we believe that everyone can achieve financial wellness. We offer consumer credit counseling services, budget and debt management counseling, student loan debt repayment counseling, debt management plans, housing counseling, and more!

Phone: 888-577-2227

Website: https://www.lssmn.org/financialcounseling/

LSS Mankato Area Crisis Nursery

☑ Children / Youth

Counties Served: Blue Earth, Le Sueur, Nicollet, Waseca

The Crisis Nursery provides short-term childcare when families are experiencing stress. Care is arranged with licensed providers for children ages 12 and younger. There is no cost for the family, no income guidelines or citizenship requirements. Staff and volunteers are available 24/7 to listen to parent's concerns, provide resource navigation and arrange placements.

Phone: 507-995-9259

Website: https://www.lssmn.org/services/families/crisis-nurseries



LSS The REACH Resource Center

□ Children / Youth

Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, Watonwan

The REACH Resource Center supports youth who are at risk, experiencing homelessness or have run away. Since opening its doors in 2011, The REACH has served nearly 5,000 youth in the Mankato area.

Phone: 507-508-6611

Website: https://www.lssmn.org/services/youth-homelessness/mankato/the-reach

Mankato Area Public Schools Community Education

☐ Children/Youth ☐ Education ☐ Social Service Agency

Counties Served: Blue Earth, Nicollet

From early childhood to seasoned adults, we provide programs and services that matter to you, staffed by a highly qualified team of individuals dedicated to meeting the needs of all learners. Adult Basic Education and Early Learning will be represented at this event.

Phone: 507-387-5501

Mankato Chemical Health

□ Chemical Dependency □ Mental Health

Counties Served: Blue Earth, Nicollet

We are an outpatient substance use treatment program.

Phone: 507-229-0350 Website: https://mankatochemicalhealth.com

Mankato Family YMCA

□ Children / Youth

Serving: Greater Mankato Area

The Y is focused on impacting everyone in our community. That's why we offer a variety of programs, classes, and services. YMCA programs bring people together to develop strong, positive relationships with others in their neighborhoods and communities. With a shared commitment to nurturing the potential of kids, improving health and well-being, giving back, and supporting our neighbors, we provide members and non-members opportunities to find meaningful change in yourself, but also in your community.

Phone: 507-387-8255 Website: https://mankatoymca.org

15



Mayo Clinic Health Systems

* SPONSOR

Serving: Statewide

Our Mission is to inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education and research.

Phone: 1-877-858-0398

Website: https://www.mayoclinichealthsystem.org

MEDICA * SPONSOR

Serving: Statewide

Our mission is to be the trusted health plan of choice for customers, members, partners and our employees.

Phone: 1-800-952-3455 Website: https://www.medica.com/

Minnesota Disability Law Center

□ Legal

Serving: Statewide

MDLC is part of the Federal Protection & Advocacy system created to protect the rights of and provide legal representation to people with disabilities in MN. We are a program within Mid-Minnesota Legal Aid that specializes in disability law case work - ones right to access supports, services and accommodations as needed to ensure equal access to school, housing, community, employment and voting. MDLC can provide information & referral, self-advocacy advice, direct advocacy services or legal representation to people with disabilities of all ages.

Phone: 800-292-4150

Website: https://mylegalaid.org/disability-law-center/



Minnesota State University, Mankato

☑ Dental / Medical Health

Counties Served: Blue Earth

Minnesota State University, Mankato, College of Allied Health and Nursing actively fosters student connections and community engagement. We provide essential healthcare services to meet the needs of the community.

Phone: 800-722-0544

MN Assistance Council for Veterans (MAC-V)

Serving: Statewide

Minnesota Assistance Council for Veterans (MAC-V) is a Veteran-focused nonprofit organization providing services and support to end Veteran homelessness in Minnesota. We envision a future where every Veteran and their family has access to sustainable housing.

Phone: 507-345-8258 Website: www.mac-v.org

MN DEED

Serving: Statewide

Our new federal grant program called Retaining Employment and Talent After Illness/Injury Network (RETAIN) is designed to assist ill and injured individuals in Minnesota return to work safely after experiencing a recent injury.

Phone: 507-284-4537 Website: <u>www.mnretain.com/</u>

MN Department of Health, Sage Programs

Serving: Statewide

MN Department of Health, Sage Program, provides breast & cervical cancer screening, and cardiovascular risk screening for eligible individuals

Phone: 651-556-0683 Website: https://www.health.state.mn.us



MN Valley Action Council (MVAC)

□ Children / Youth □ Housing

Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, Watonwan

MVAC is a private, non-profit organization that uses Federal, state and local resources to provide assistance. It is a local institution working on local problems within the widest possible range of local needs and interests.

Phone: 507-345-6822 Website: https://www.mnvac.org

MRCI

□ Children/Youth □ Employment □ Leisure Recreation

<u>Counties Served: Blue Earth, Brown, Carver, Dakota, Faribault, Le Sueur, Martin, Nicollet, Steele, Sibley, Scott, Watonwan, Waseca</u>

MRCI offers a variety of person-centered programs to assist individuals in finding and keeping a job in their community. MRCI provides a variety of programming for individuals with disabilities who are looking for enriching activities other than employment.

Phone: 507-386-5600 Website: www.mymrci.org

National Alliance of Mental Illness (NAMI MN)

□ Chemical Dependency □ Mental Health

Counties Served: Blue Earth, Le Sueur, Nicollet

Support, advocacy, education for Mental Health.

Phone: 507-358-7804 Website: https://namimn.org/



NicBluCares

Social Connections & Community Compassion

Counties Served: Blue Earth, Nicollet

Loneliness and isolation impacts everybody's health and wellbeing. We have a compassionate community of social connections to help us get through tough times. Learn about the NicBluCaresNOW.com Community Directory – the 'go to' for finding people, places, and activities that strengthen belonging, health, and wellbeing. Join the Kato Towns Town Charter, featuring compassionate best practices harvested from community conversations. Become a TLC Connector: Talk, Listen, Connect is an easy way for people to support each other. Join monthly activities: Sacred Circle-Wisdom Around Death, Talking Cafes, and Caring Circle for Loss & Grief. Staying connected with others can save lives.

Phone: 651-303-0744 Website: www.NicBluCares.com

Nicollet County Attorney's Office

□ Legal

Counties Served: Nicollet

The Nicollet County Attorney's Office provides services to victims of crime through the criminal justice process and referrals to other agencies as needed. We also provided presentations on scams, fraud, and identity theft, how to avoid them, and what to do if you fall victim to a scam.

Phone: 507-934-7890

Website: https://www.co.nicollet.mn.us/142/County-Attorneys-Office

Nicollet County HHS Eligibility Team

Counties Served: Nicollet

The Nicollet County Eligibility team determines eligibility for cash, SNAP and health care programs for Nicollet County residents.

Phone: 507-934-8559

Website: https://www.co.nicollet.mn.us/187/Health-and-Human-Services



Nicollet County Public Health

□ Children / Youth

Counties Served: Nicollet

Public Health offers a range of services and supports for families who are pregnant or have young children including home visiting, WIC, lactation support, and child passenger safety instruction.

Phone: 507-934-8559

Website: https://www.co.nicollet.mn.us/268/Public-Health

NUWAY Alliance

□ Chemical Dependency □ Mental Health

<u>Serving: Statewide. Our Mankato location serves all the surrounding counties including but not limited to: Blue Earth, Brown, Le Sueur, Nicollet, Steele, Waseca</u>

NUWAY - Mankato Counseling Center is a co-occurring Intensive Outpatient treatment program that serves adults of all genders, focusing on substance use disorder and mental health. Intensive outpatient clients assessed as housing insecure have the option to live in a recovery residence that NUWAY partners within the community of their choice. Our program is twenty units of licensed co-occurring treatment per week (M-F). We provide a bagged lunch each day, offer individualized lengths of stay and have transportation assistance to intake appointments. Across the state of MN we offer Residential, Intensive Outpatient and Outpatient levels of care.

Phone: 507-295-4940 Website: https://www.nuway.org/

Nystrom and Associates, Ltd (Mankato)

□ Chemical Dependency □ Mental Health

<u>Counties Served: We are located in Blue Earth County and can serve any individual living in the state of MN through our telehealth options</u>

Nystrom & Associates-Mankato provides outpatient therapy, DBT, EMDR, psychiatry, and ARMHS to help adults, children, couples, and families to deal with life's challenges and empower them to be the best versions of themselves. We also have outpatient and intensive outpatient substance use disorder services for teens and adults with the option for Peer Support Services. If we don't have a service/specialty available in-house, we can connect you with one of the 42 NAL locations throughout Minnesota. Additional NAL programs that can be accessed include psychiatric testing, group therapies, adult day treatment, mother-baby program and nutrition therapy.

Phone: 507-225-1500 Website: <u>www.nystromcounseling.com</u>



Open Door Health Center

□ Dental/Medical Health

<u>Counties Served: Blue Earth, Brown, Carver, Cottonwood, Le Sueur, Martin, Nicollet, Rice, Scott, Sibley, Waseca, Watonwan</u>

Open Door Health Center is a non-profit community health center, providing quality affordable health care to everyone! We do this by providing integrated health care services, regardless of the patient's ability to pay. With our cooperative, team-based approach, Open Door providers offer quality medical, chiropractic, dental, and behavioral health care all in one place. Open Door also offers insurance enrollment, legal assistance, and pharmacy services onsite at the main clinic in Mankato.

Phone: 507-388-2120 Website: https://odhc.org/overview/

Options for Women - Mankato

□ Children/Youth □ Education □ Free Pregnancy Testing / Ultrasounds

Serving: All of the Greater Mankato Area

We provide women with free pregnancy testing, limited OB ultrasounds, and discuss their pregnancy options with them in a safe, non-judgmental environment. We provide parenting education to mothers and fathers with children under 4, or expecting. We have provided an individual and community Fatherhood program. We provide free life-coaching services. Clients earn credits and diapers when participating and we have an on-site 'baby store' where they can use credits to "purchase" new items for their children.

Phone: 507-625-2231 Website: https://www.optionsmankato.org

PCs for People

□ Technology Access Program

Serving: Statewide

PCs for People is a national nonprofit social enterprise working to get low-cost quality computers and internet into the homes of individuals, families, and nonprofits with low income. By recycling and then refurbishing computers, PCs for People provides a valuable service to businesses, families, and the planet by keeping computers out of landfills and repurposing them to advance digital inclusion.

Phone: 651-419-4561 Website: https://www.pcsforpeople.org/



Partners in Community Supports (PICS)

☒ Social Services Agency

Serving: Statewide

PICS (Partners in Community Supports) has offered self-directed care options to individuals and families for over 20 years. Our customer-service focus means that you spend less time worrying about the financial aspects of self-directed care and more time caring for your loved one. PICS is ready to support you as a Financial Management Services (FMS) provider.

Phone: 651-967-5060 Website: https://www.lssmn.org/pics/

Planned Parenthood

□ Dental/Medical Health

Counties Served: Blue Earth

Planned Parenthood specializes in low cost sexual and reproductive health care, including birth control and STD testing and treatment.

Phone: 800-230-7526

Website: https://www.plannedparenthood.org/planned-parenthood-north-central-states

Pride Counseling Services

□ Chemical Dependency □ Mental Health

Serving: Statewide

At Pride Counseling Services, our primary focus is serving lesbian, gay, bisexual, transgender, and queer people. We see adults or children ages 6 and up. We are also able to see you if you have a loved one who is LGBTQ+ and you want to learn more about how to support the person in your life.

Phone: 507-246-2667 Website: www.pridecounselingservices.com



Refocus Recovery

Serving: Statewide

Refocus Recovery is a 501(c)3 Recovery Community Organization (RCO) working to create a powerful recovery community support network. We're partnering with other local organizations to expand access to a wide variety of recovery services to as many people as possible. Refocus Recovery partners with recovery organizations to provide peer recovery services and more within the community. We believe building a strong support system is critical to sustaining and thriving in long-term recovery.

Phone: 612-444-6599 Website: www.refocusrecovery.org

Reitan Law Office, PLLC

□ Legal

<u>Counties Served: Blue Earth, Brown, Faribault, Freeborn, Le Sueur, Martin, McLeod, Nicollet, Renville, Rice, Sibley, Steele, Waseca, Watonwan</u>

Reitan Law Office, PLLC advocates for people with injuries and disabilities. At Reitan Law Office, PLLC we believe everyone deserves the dignity of financial security. We assist individuals with applications and appeals of claims for Social Security Disability and Supplemental Security Income disability ("SSI") benefits. Our lawyers help navigate each step of the process by submitting applications, filing necessary appeals, and by vigorously representing clients at hearings. Throughout the process our lawyers help clients build their case and offer advice to make claims stronger.

Phone: 507-388-1800 Website: https://www.reitanlawoffice.com

River Valley Housing Connection LLC

Counties Served: Blue Earth, Brown, Le Sueur, Nicollet, Rice, Sibley

River Valley Housing Connection provides Housing Stabilization Services. This service is a benefit that is covered by Medical Assistance that helps people with disabilities or disabling conditions find and keep housing.

Phone: 507-381-1403



Rural Aids Action Network (RAAN)

□ Chemical Dependency □ Mental Health □ Education

Serving: All of Central and Southern MN

We specialize in Harm Reduction and run the Syringe Exchange in Mankato. We also provide Case Management for individuals living with HIV.

Phone: 507-345-1011 Website: https://raan.org/

Second Harvest Heartland

Counties Served: Blue Earth, Brown, Le Sueur, Nicollet, Watonwan

Connect individuals to food resources. Can assist anyone in applying for SNAP and CSFP.

Phone: 651-401-1411 Website: https://www.2harvest.org/

SCEMS, Child Passenger Safety

□ Children/Youth □ Education

<u>Counties Served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, Watonwan</u>

Community 2 Minute CPR, Stop the Bleed Training and Car Seat Education.

Phone: 507-236-8152

Website: https://www.sc-ems.org/child-passenger-safety

SMILES

□ Disabilities

Counties Served: Blue Earth, Brown, Faribault, Martin, Nicollet

Helping people with disabilities to realize their full potential through services such as living skills training, mentorship, advocacy, transition, assistive technology, and representative payee. In addition, we schedule recreational programs, including an adaptive bicycling program that we are just starting.

Phone: 507-345-7139 Website: https://smilescil.org



South Central College

■ Education

Counties Served: Blue Earth, Nicollet, Rice

Two year community and technical college.

Phone: 507-389-7222 Website: <u>www.southcentral.edu</u>

South Country Health Alliance

Counties Served: Brown, Dodge, Goodhue, Kanabec, Sibley, Steele, Wabasha, Waseca

South Country Health Alliance is a county-based purchasing health plan serving 8 Minnesota counties — in a joint effort to support accessible, quality health care through partnerships with community services and local health care providers for Minnesota Health Care Program enrollees. South Country has over 30,000 members. The health plan offers 7 programs to meet the health care needs our members.

Phone: 1-866-567-7242 Website: https://mnscha.org

Southern MN Regional Legal Services (SMRLS)

□ Legal

Counties Served: Blue Earth; Brown, Carver, Cottonwood, Dakota, Dodge, Faribault, Fillmore, Freeborn, Goodhue, Houston, Jackson, Le Sueur, Martin, McLeod, Mower, Murray, Nicollet, Nobles, Olmsted, Pipestone, Ramsey, Redwood, Rice, Rock, Scott, Sibley, Steele, Wabasha, Waseca, Washington, Watonwan, Winona. The Agricultural Worker Project covers the entire states of Minnesota and North Dakota.

SMRLS provides free, high-quality legal help to low-income people in critical civil matters. SMRLS mission is to provide a full range of high quality legal services to low-income persons and eligible client groups in civil matters, in a respectful manner which enables clients to: enforce their legal rights; obtain effective access to the courts, administrative agencies and forums which constitute our system of justice; maintain freedom from hunger, homelessness, sickness and abuse; and empower persons and assure equal opportunity, thus, helping people to help themselves and become economically self-reliant, to the extent their individual abilities and circumstances permit.

Phone: 507-396-6815 Website: https://www.smrls.org/



Southwest Minnesota Housing Partnership

Counties Served: Big Stone, Blue Earth, Brown, Chippewa, Cottonwood, Faribault, Jackson, Kandiyohi, Lac qui Parle, Le Sueur, Lincoln, Lyon, Martin, Murray, Nicollet, Nobles, Pipestone, Redwood, Renville, Rock, Waseca, Watonwan, Yellow Medicine

Pre-purchase housing counseling and education, foreclosure prevention counseling, rental counseling, USDA Rural Development packaging, Community Building, Down Payment Assistance, Financial Capabilities, Home Maintenance Course, Apartments, single family development, Community Land Trust homes.

Phone: 507-836-8866 Website: https://www.swmhp.org

St. Croix Hospice

⊠ Hospice

Serving: Statewide, the Midwest

Hospice care for adults. We provide physical, spiritual, and psychosocial care for patients at end of life and their families. Services are provided wherever the person calls home, whether a skilled nursing facility, assisted living facility, or their own home, if it is a safe environment. An individual care plan is set up, with visits from our hospice team. We are also available 24/7 by phone or to visit if needed when the patient experiences a change of condition.

Phone: 855-278-2764 Website: https://www.stcroixhospice.com

Steve Rummler HOPE Network

☑ Mental Health ☑ Chemical Dependency

Serving: Statewide

Steve Rummler HOPE Network provides hope for those with Chronic Pain and Addiction. Our fight against the opioid epidemic is only possible with your help. We provide resources, education and advocacy to Minnesota; giving out free naloxone, fentanyl test strips and training individuals on opioid overdoses.

Phone: 952-943-3937

Website: https://steverummlerhopenetwork.org/



The Salvation Army

Serving: Blue Earth County, North Mankato

The Salvation Army helps with eviction assistance, utilities, clothing and household supplies through our thrift store, prescriptions, auto repair, gas vouchers through our emergency social services office. We also have a day shelter for those struggling with homelessness. The day shelter is open 7 days a week from 9am-5pm. Through this program, housing assessments are conducted to place individuals/families on the coordinated entry list for housing.

Phone: 507-345-7840

Website: https://centralusa.salvationarmy.org/northern/Mankato/

UCare * SPONSOR

⊠ Healthcare

Serving: Statewide

Phone: 612-676-3395 Website: https://www.ucare.org

VINE & TRUE Transit

Counties Served: Blue Earth, Le Sueur, Nicollet

VINE provides services to older adults in the Greater Mankato community to help them safely age independently with services including meal delivery, transportation, help with chores, volunteer visits, support groups, mental healthcare, and more. The VINE Adult Community Center offers a space for older adults to improve their health, socialize with peers, and learn new skills. TRUE Transit is the public transportation service for Blue Earth, Nicollet, and Le Sueur Counties. VINE operates TRUE Transit.

Phone: 507-387-1666 Website: https://vinevolunteers.org

Wellcome Manor Family Services

□ Chemical Dependency □ Mental Health

Serving: Statewide

Women with children residential treatment center for substance use and mental health disorders.

Phone: 507-546-3295 Website: <u>www.wellcomemanor.org</u>



Youth Mental Health Navigators

Counties Served: Blue Earth, Le Sueur, Nicollet, Waseca

Youth Mental Health Navigators assist families in accessing services related to their child's mental health. Finding therapists and testing services can be a daunting task, so we help to navigate complex systems to make things easier. As an early intervention program, we seek to help families with what they need now in order to prevent more challenging issues in the future.

Phone: 507-389-1425

YWCA Mankato

□ Children / Youth □ Education

Counties Served: Blue Earth, Nicollet

Our New American Families program works provides services dedicated to promoting healthy attachment and positive relationships between parents and their children, school readiness for young children (prenatal-5), improved maternal and child health outcomes, and economic stability.

Our youth programs give girls opportunities to learn new skills, belong to a group, make positive connections to peers and adults, contribute to society, feel competent and believe in their ability to create the best possible future for themselves.

Phone: 507-345-4629 Website: https://ywcamankato.org