

## Stand Up Sit Down Game

This exercise is a good way to show that everyone benefits from a strong community, not only the poor, homeless, and less fortunate. Almost everyone has been touched by services funded through Greater Mankato Area United Way, either as a recipient themselves, or through someone close to them.

Start the quiz by having everyone in the room stand up. As you read down the list, whoever can answer “yes” should sit down. More than likely, everyone in the room will be sitting before you are finished reading the list.

**Have you or someone you’re close to (a family member, friend, or co-worker) ever:**

1. Had a child receive books through the Books for Kids program?
2. Had a house fire?
3. Cared for an elderly parent or grandparent?
4. Known anyone with a disability who needed assistance?
5. Known a child who was hungry on the weekend and didn’t have food at home?
6. Known an immigrant or refugee?
7. Participated in an activity or camp through the YMCA or YWCA?
8. Been in a flood or tornado?
9. Needed emergency shelter?
10. Participated in parenting education or school-readiness workshops?
11. Played youth baseball or fast pitch?
12. Needed a ride because there was no other form of transportation available?
13. Needed assistance raking leaves, clearing snow or washing windows at home?
14. Lived in transitional housing?
15. Been a mentor through the YMCA’s Brother/Sister program, the YWCA’s Girls on the Run program or Gustavus’s Big Partner/Little Partner program?
16. Participated in a prejudice reduction workshop through Greater Mankato Diversity Council?
17. Needed emergency assistance to help cover heating costs or medication costs?
18. Been a Boy Scout?

Even if you have not needed direct financial assistance from United Way, the program you have participated in may not exist without United Way support. For example, if United Way did not provide support for after-school programming, it is possible that the classmate sitting next to your child in school (or your child’s best friend) would be unsupervised after school each day. Many staff positions at agencies are funded by United Way, allowing programming to be available for all people regardless of ability to pay.

1:3 people in the greater Mankato area are directly served through Greater Mankato Area United Way supported programs.

Greater Mankato Area  
United Way

